



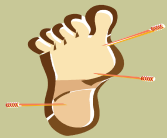
COOLOOLA ACUPUNCTURE CLINIC

Helping People to get well and stay well

Newsletter

April 2008

Special points of Interest

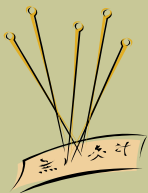


Booking your Appointments

To save disappointment it would be a good idea to pre-book your appointments. Especially Tuesday, Wednesday and Thursday afternoons as these times fill up quickly. While this is good for business and shows we are doing our job, it also means that people need to book to save disappointment

Cancellations

Please give 24 hours notice when cancelling your Appointment. We do have patients on a waitlist, that would benefit if we could give them notice.



Clinic Hours

Monday	8-1pm/2-5pm
Tuesday	9-1pm/2-6pm
Wednesday	8-1pm/2-6pm
Thursday	9-1pm/2-6pm
Friday	8-1pm.

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BRIGHT EYES & BUSHY TALES

Lost sight of your dreams? Finding it hard to get over the divorce? Perhaps you're procrastinating, feeling overwhelmed— too many things to do and not enough time? The solution may lie in nature?

2006 marked the 70th anniversary of the death of Dr Edward Bach, the modern pioneer of flower essences. Of course, flower essences have been used for a much longer time than just the previous seventy years—many cultures including Egyptian, Aboriginal, European have all used flower essences for centuries.

The Aboriginals for example, used to eat the flower for its healing properties or sometimes those with emotional imbalances would sit on the ground near the particular flower which had the healing property and also in this way the flower would heal them.

Fear, anger, frustration and guilt are at the back of many our illnesses according to Ian White the founder of Bush Flower Essences. Bush Flower essences can help turn these emotions into courage, peace of mind and clarity. They are gentle but potent catalyst which can help us deal with stress before it becomes an illness. They are entirely safe and without any side affects. Bush Flower Essence work harmoniously with Acupuncture and is completely compatible with conventional medical treatment.

The popularity of flower essences is flourishing. Doctors are using the remedies in conjunction with their traditional practices. Bush Flower Essences works extremely well on children as well as animals.

Children having learning difficulties (reading), speech problems, ADHD, period pains, tonsillitis, ear infections/aches, skin problems, bed wetting, concentration, acne, night terrors, anxiety just to name a few conditions we can treat.

For **women** Bush Flower Essences is great for PMT, regulating periods, fertility, moodiness, menopause, insomnia, migraines, morning sickness, cramps and depression.

Men having problems with prostate gland, premature ejaculation, haemorrhoids, flatulence, circulation problems, constipation and arthritis.

Above is just a few conditions we can treat with Bush Flower Essences, if you have a question please ask Bruce or myself as we both trained as consultants. Private consultations are available separate from Acupuncture. What a great alternative without side effects of using drugs.

Testimonial

I have a nine year old son who has been diagnosed as having ADHA. He is very psychic and hyperactive, with severe learning and behavioural problems, poor digestion etc. He fits the pattern of an Indigo child. He needs to get the message across and will keep pushing and hounding until he knows they understand. Over the years I have tried many things to help him (and the rest of the family). I have tried homeopathics but they were to strong for him. Sound therapy made a big difference and some herbs helped. But when I recently tried the Bush Essence Cognis & Kangaroo Paw Essence there was a complete turn around. He is not so much 'in your face' he wants to go to school—instead of the teacher virtually having to drag him out of a tree to get him into the classroom. He wants to learn and his handwriting has improved dramatically—from being indecipherable to being very clear and readable—Aust Bush Essence Newsletter.

Bush Fuchsia Essence

After taking a single dose of this remedy, a seven year old girl who rarely spoke didn't stop talking for three days! By the fourth day her conversation was normal—Ian White

For students who battle through lessons, this remedy makes school exciting rather than a depressing place.

Bush Fuchsia increases the clarity of speech and is helpful for stutterers.